

“
... be everything
you are and
always have been.
”

Coping with Life

Many people live their lives with hopeful expectations. They hope that they are physically healthy and independent, that they achieve a degree of happiness and success, and that their family is vital, supportive, and loving. In terms of actual living, they hope that they have many good years, that any illness is not painful or disabling for them or their loved ones, and that death comes peacefully.

ALS has a profound impact on these hopes. It interrupts plans, and puts the future on hold. ALS is not considerate of where you are in your life, what you are about, or what is important to you. It has no respect for what you have accomplished or what you are working towards. It does not matter if you are planning to marry, have children, care for a parent, change careers, divorce, move, or various other options- no special circumstance will exempt you. The diagnosis of ALS sends your hope on a collision course with fear; however, eventually you realize that you are not likely to die suddenly. At this point, the most prevalent question is, "How do I live with ALS; how do I cope with life now?" Discussions with many people living with ALS have revealed one answer: The sustaining factor in living with this disease is the continual harvesting of hope and finding new meanings in your life in the present.

When you learn that you have ALS, you quickly realize that at this point it still remains a deadly illness. Though eventually something is going to cause the demise of every person, patients and families alike wonder why ALS is so different from other very serious diseases. For the longest time, people have been told that nothing can be done for ALS, whereas there have been options for people with other diseases. The outcome may not always be successful for these other diseases, but there are treatments. However, much has changed in the care and treatment of ALS.

Hope must remain the guiding force throughout your life and your ALS experience. We grow in understanding, spirit, and wisdom as we live, and hope enhances our journey.

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Tuesdays with Morrie
Kansas City Premiere

See page 3 for more information.

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M A R C H
ALSA Funds New Investigator-Initiated Projects for 2005

The ALS Association (ALSA) has funded the following projects toward finding a successful treatment for ALS and is pleased to announce that among the current projects is one that is a partnership with The Amyotrophic Lateral Sclerosis Society of Canada (ALS Canada). Another partnership is with ALS Therapy Alliance in Massachusetts for two additional grantees. Five starter grants, funded at a total of \$252,000, and five multiyear grants totaling \$817,169 result in a total commitment for ALSA of \$1,069,169. The investigators funded propose exciting lines of inquiry that should open up avenues to new therapeutics.

Strategies include finding out more about the components of muscle and nerve that may contribute to the disease, structure of the mutant SOD1 protein, dynamics within the neuron that are implicated in the disease, and inflammatory aspects that might influence ALS. Significantly, ALSA has funded a new effort toward a national registry of ALS patients.

Muscle and Nerve Contributors

The muscle itself may be a prime source of disease in ALS, and a new avenue of research proposes to investigate this idea further. Chien-Ping Ko (see <http://www.alsa.org/research/grant.cfm?id=594>) and coworkers find that changes appear in muscle long before any other sign of ALS in the SOD1 mouse model. This group will carry out further manipulations to decide what role muscle tissue plays in the disease, and indeed, if muscle changes instigate the entire process.

A new suspect in ALS prompts Jean-Pierre Julien (<http://www.alsa.org/research/grant.cfm?id=593>) and colleagues to delve further into the role played by chromogranins. These components of certain nerve cells appear to associate with the mutated ALS enzyme, SOD1. New ALS mutant mice will be made that make more than normal amounts of chromogranins, to see if the disease symptoms worsen. The cellular protectors called chaperones may also have roles in ALS. Funding of this project is in partnership with ALS Canada.

The cellular protectors called chaperones may also have roles in ALS. Zuoshang Xu (see <http://www.alsa.org/research/grant.cfm?id=599>) and colleagues will see if the scarcity of chaperones in motor neurons is what makes these cells so susceptible to damage in ALS. The scientists seek the exact chaperone that interacts with mutant SOD1, so that future experiments can specifically manipulate it to alter the disease. This project is co-funded by ALS Therapy Alliance in Massachusetts.

Mutant SOD1 Structure

At the most fundamental level, we know the mutated SOD1 molecule can produce ALS, probably by interactions with other proteins in the cell. Ashutosh Tiwari (see <http://www.alsa.org/research/grant.cfm?id=598>) and

coworkers will try to find out the precise physical properties of the mutant protein that cause toxicity. Detailed studies on the molecule are planned, including mass spectroscopy. This project is co-funded by ALS Therapy Alliance in Massachusetts.

Nerve Cell Dynamics

Mitochondria are the power plants of all living cells. These cell organelles also orchestrate cell death. Jian Liu (see <http://www.alsa.org/research/grant.cfm?id=595>) and colleagues plan to find out more about what goes wrong with mitochondria in the spinal cord of ALS mice. Michael Gunther (see <http://www.alsa.org/research/grant.cfm?id=592>) and colleagues will look for changes in mitochondrial function in a new microbial model system. They have introduced the SOD1 mutation into a strain of yeast that can be studied efficiently to dissect the exact mechanism of how mitochondrial function might be disrupted by the ALS mutation. They will then expand their studies to a mammalian cell model.

Andrew Grierson (see <http://www.alsa.org/research/grant.cfm?id=591>) and colleagues will seek defects in the inner cellular transportation system that allows motor neurons to carry out their demanding tasks. These are the nerve cells affected by ALS. The researchers intend to tag and directly observe the molecular means by which motor neurons move their cellular cargoes, and how the SOD1 mutation might hinder the job.

Inflammatory Aspects

Thomas Moeller (see <http://www.alsa.org/research/grant.cfm?id=596>) and coworkers find that SOD1 mutant mice have changes in the way their brain's immune cells work. These microglia are increasingly suspect in the disease. The investigators will directly test how microglia and motor neurons isolated from ALS mice interact to change each others' function and survival. Inflammatory processes within the nervous system are also the focus of Eric Beattie (see <http://www.alsa.org/research/grant.cfm?id=590>) and colleagues, who find, in the brain, that excitatory transmission is changed through an inflammatory mediator, tumor necrosis factor (TNF) alpha. Apparently, TNF alpha acts to increase the likelihood that too much excitation can damage or kill neurons. The researchers will see if the relationship holds for motor neurons of the spinal cord.

National Registry

Finally, funds from ALSA will further the work of a consortium of epidemiologic investigators that will serve scientists working on the genetic and environmental influences that may produce the disease.

Continued on bottom right of page 3

Coping with Life - continued from page 1

ALS tests our understanding, especially as physical changes occur and life is made more difficult. It is important to deal with this disease one day at a time and try to find new ways to experience meaning in your life. Hope comforts and strengthens; it is what allows you and your loved ones to endure.

ALS is a challenging illness to manage. Every person, when faced with a serious illness, does not come to it totally unprepared. Other life experiences have provided you with intellectual and emotional skills to help you deal with ALS.

Some practical considerations to support you on your ALS journey are your own sense of spirituality and faith which you may express through religious observances. You may achieve great comfort in talking with friends, family, clergy or counselors. Many people with ALS and their families become closely involved with support groups. Meaningful information and resources, along with interest and concern, are shared. Making a commitment to yourself to live every day to its fullest lends itself to your involvement in your own life and the lives of those you love.

Every person has a unique blend of ideas, dreams, likes, quirks, humor, and wit. Use each of your unique ways to continue on. Express your hopes, name your fears, tell your jokes, do your tricks, be everything you are and always have been. All of this is coping.

Another method of coping is taking charge of your life. This means remaining actively involved in the world around you, especially in your own health care. A key part of this is to choose a doctor and health care team you like and trust.

Maintaining a sense of humor is very health enhancing. It is a state of mind with which you approach a situation. Do not fill your path with regrets, since they will only burden you. Instead, focus on your strength and conviction to live life to the fullest.

This article is taken from the ALS Association's second Living with ALS manual, titled "Coping with Change" by Marlene A. Ciechoski, MS, RN. Book 2 is one of a series of six Living with ALS manuals. Books are provided at no cost to those with ALS and their caregivers. If you are interested in acquiring the six manuals, contact your regional Patient Services Coordinator.

Living with ALS Articles Needed

If you or a loved one have a personal experience with ALS and would like to share your story with others in an upcoming issue of The Dialog, please email ktrombley@alsa-midwest.org or call Kalista Trombley at (800) 878-2062, ext. 201.

Attention Missouri Taxpayers - Donate Up To \$200 To The ALS Association

In June 2004, Missouri Governor Holden signed into law legislation that offers tax payers in Missouri, both individual and corporate, the opportunity to donate up to \$200 of their tax refund in one of nine statewide health agencies including the ALS



Association. Tax payers can also contribute even if they owe taxes and will not receive a refund. The fund will support equally both ALS Chapters serving the State of Missouri and will be used for patient services within the State of Missouri. If you have any questions, please contact Sally Dwyer at 913.648.2062, ext. 212.

Tuesdays with Morrie to Benefit ALSA

Sunday, May 15th

5:30 p.m. Reception & Cash Bar

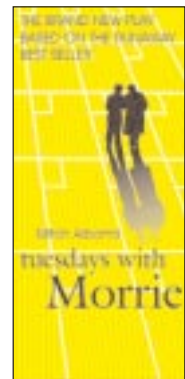
6:30 p.m. Performance

Tickets - \$30

Mitch Albom's *Tuesdays with Morrie* makes its Midwest stage debut May 6 to June 19, 2005 at the American Heartland Theatre, Crown Center, 2450 Grand Blvd., Suite 314, Kansas City, MO.

Based on the runaway best-selling novel and an Emmy-winning film by the same title, this autobiographical story follows Mitch Albom as he rekindles a friendship with his former college professor and mentor, Morrie Schwartz. A simple Tuesday visit turns into a weekly pilgrimage between Mitch and his professor, who only has months to live. This touching play will have you laughing, smiling and emotionally involved as life's lessons are pondered.

For more information or to purchase tickets, call 913.648.2062, ext. 201, email the Chapter at info@alsa-midwest.org or go to our website at www.alsa-midwest.org.



Research Update - continued from page 2

Lorene Nelson (see <http://www.alsa.org/research/grant.cfm?id=597>) and colleagues intend to develop standardized means to collect data on patients and their families, to pool the data and put the information at the easy reach of all investigators. A shared web site would serve as the pivotal point for all genetic and epidemiologic studies of the disease. ALSA is pleased to support what may contribute to a national registry of ALS patients and families.

January 10, 2005

Veterans ALS Registry Collecting Data, Provides for Clinical Trials

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[QUICK SUMMARY: A registry of veterans diagnosed with ALS is in place and collecting data on a projected 1840 patients.]

The September issue of the journal, *ALS and Other Motor Neuron Disorders* http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=pubmed&dopt=Abstract&list_uids=15512895, details information about a National Registry of Veterans with Amyotrophic Lateral Sclerosis, a program closely linked with The ALS Association (ALSA) that is collecting information about veterans diagnosed with ALS, to shed light on possible environmental factors associated with the disease. The registry will also serve as a stepping stone to clinical trials.

"This registry and the initiative are extremely important, and the investigators are making good progress," says ALSA Science Director and Vice President Lucie Bruijn, Ph.D., who also serves on the scientific review committee for the registry.

Investigators Edward Kasarskis, chief of neurology at the VA Medical Center in Lexington, Kentucky, said, "the intent of the registry is to determine the clinical characteristics of the disease in this cohort, follow the progression of ALS, and determine survival. In a parallel effort, DNA samples from these individuals will be obtained for future studies of genotype and clinical phenotype."

Because the registry needs to follow the course of the disease in the veterans, only living veterans diagnosed with ALS will be included.

Kasarskis and colleagues write in their report that "it is not known if the prevalence of ALS is higher in civilian veterans compared to those without a history of military service."

Kasarskis added, that a study by another group, which will appear in the January 10 issue of the journal, *Neurology* "indicates that ALS occurs at a higher rate in individuals (males) with a history of service in the US military compared to civilians without a military background."

Concerns about exposures during service had prompted a study of ALS in Gulf War veterans <http://www.alsa.org/news/article.cfm?id=238&CFID=225433&CFTOKEN=30953959>. The current registry will collect information on living veterans with ALS that the investigators expect to identify.

The prevalence of ALS in the U.S. is estimated at six to eight persons per 100,000. Given the 25 million veterans in the country in 2001, the investigators calculate that the initial three years of the ALS registry will probably identify 2300 veterans with the disease. They expect to enroll 1840 veterans diagnosed with ALS. That figure accounts for false

positive diagnoses confirmed through reviews of medical records, refusals to participate in the registry, and other factors.

Nearly one-third of veterans of the 1991 Persian Gulf War report chronic health problems including ALS, and studies have shown that Gulf War veterans are twice as likely to develop ALS as those veterans who did not serve in the war. A report issued by the Research Advisory Committee on Gulf War Veterans' Illnesses, which has not been peer reviewed, concluded that exposure to neurotoxins during the war, rather than stress or other psychological conditions, probably was the cause of illness. This report did not look at toxins in relation to ALS.

The availability of an ALS registry for veterans as well as the increased funds for ALS research will enable studies to try to identify if there are toxins that may be linked to ALS. The Department of Veterans Affairs announced November 12 that the Department will spend \$15 million over the next year to study the illnesses experienced by many Gulf War veterans

<http://www.alsa.org/news/article.cfm?id=548&&CFID=225433&CFTOKEN=30953959>.

The registry's data base will allow veterans with ALS to be informed about participating in clinical trials for potential treatments. A scientific review committee will evaluate protocols seeking to use the registry's data for basic and clinical research. Patient confidentiality is given "meticulous attention," the investigators write, and the review committee is in place to "ensure that all studies are rigorous and meritorious from a scientific standpoint."

To find veterans with ALS, the registry investigators will work closely with ALSA and other major ALS organizations, to inform eligible individuals among their memberships. A separate web site is also established for the registry, so those people searching the internet for ALS information will encounter the site.

Veterans are defined as having served for a minimum of 90 days. "As of Dec 23, 2004, we identified 3864 potential individuals with ALS from multiple sources," Kasarskis said. "Of these, a total of 614 have been screened and enrolled in the registry after review of medical records by a team of neurologists expert in the diagnosis of ALS."

Brochures describing the registry are displayed at professional meetings and have been mailed to the members of the American Academy of Neurology, and to all neurologists in the VA health care system. These brochures are also available from ALSA and its associated local chapters.

A toll free number is in place, (877) DIAL ALS, for inquiries on the registry.

Clinical Update - From ALSA's National Office

January 25, 2005

Contact Mary Lyon
(818) 880-9007 ext. 217
mary@alsa-national.org

Novartis Drug Does Not Slow ALS Progression

Representatives of Novartis have shared information with The ALS Association regarding their current Phase II drug trial of TCH 346 for ALS.

Unfortunately, Novartis officials have advised that the drug has shown no impact on the rate of progression or survival of ALS patients. We are all very disappointed about this outcome.

Novartis has provided a statement and a Q and A document (see below) regarding the trial and its outcome. Please feel free to share this information to your local ALS community. This information will also be posted on ALSA's web site.

Novartis has demonstrated its commitment to ALS/MND research throughout the trial process of this drug. There have been regular information sessions to keep us informed. ALSA has shared that information with its constituents.

The ALS Association wishes Novartis well in its ongoing interest and research into neurological disease and ALS, and we look forward to new discoveries and trials in the future. Also, we look forward to continuing our relationship with Novartis in the interests of people living with ALS and the fight against this disease.

Golf, Golf and MORE Golf. . .

Guarantee your foursome a spot in the 3rd Annual Joe McGuff ALS Golf Classic, Monday May 23, 2005 at LionsGate by purchasing a team today!

Join potential celebrity attendees George Brett, Tom Watson, Buck O'Neil, Len Dawson, Gale Sayers, Roger Clemens and more for



the best charitable golf tournament in town. Lunch will be at 11:30am followed by a shotgun start at 1pm. Sponsorships are available from \$500 to \$20,000. If you have any questions, call Emily Fish, Event Director, at 913.648.2062, ext. 221.

Mark These Dates on Your Calendar:

May 19th - Johnson County Rotary Golf Tournament in Kansas City *

June 5th - Nebraska Pairings Banquet

June 6th - Nebraska Golf

July 17th - Wichita Pairings Party

July 18th - Wichita Golf

* For more information, contact Suzanne Frye at 913.648.2062, ext. 209.



Dialog Provides Information on ALS, Research, Chapter Events and Activities

"To email or not to email...that is the question."

Dialog is emailed at no cost to those who provide us with email address information. If you want to receive the email version of Dialog, please send an email to us at info@alsa-midwest.org with "Dialog" in the subject line. Be sure to include your first and last name, mailing address and the email address you want Dialog sent to.

If you are an individual with ALS, a caregiver or surviving spouse, you will continue to receive the hard copy version (if you prefer) at NO cost. However, for others there is a \$25 subscription fee for the hard copy version of Dialog. If you want to receive the hard copy version at \$25 a year, please send a check to the address below or call Sarah Tucker at (913)648-2062 ext. 202 with your credit card information. If you are sending a check, please be sure to write "Dialog" in the memo line and send your check to:

The ALS Association
8340 Mission Rd., Suite B4
Prairie Village, KS 66206

Those up for renewal of the annual subscription fee will be receiving a postcard in the next few weeks.

Say It With Flowers

On Saturday, January 15th at the Crowne Plaza Hotel in Omaha, NE, 120 people gathered for a 3 hour floral tutorial by Dale Rohman. The tutorial was followed by a silent auction, luncheon, designer showcase and live auction. The Honorary Chairs of the event were Pat Hudek and Sharon Patterson (posthumously). Over \$14,000 was raised for The ALS Association!



Support Group News

For those affected by ALS, these support groups provide a forum to share information and practical experience, a safe place to allow emotions to speak, an educational gathering spot where speakers and caregivers address subjects of major interest, and a place to witness first hand the constant miracle of people continuing to live productive fulfilling lives in spite of having ALS. Only the below support group reports were available at print time.

Omaha

Despite cold temperatures, there were approximately 14 people in attendance at the January 13th Omaha support group meeting. BevVan Phillips of Home Access Solutions presented helpful information on using equipment in our daily lives to live safely and independently longer. She brought several pieces of equipment with her. The rest of the evening was open for sharing and updates from ALSA. There were 18 people in attendance at the February 10th meeting. Cheri Mundt, Executive Director for SarahCare presented information on the new adult day services program in Omaha. The program provides professional services in a caring environment for adults with health-related needs, including caregiver respite and support. The rest of the evening was open to discussion.

Columbus

There were 8 people at the January 24th support group meeting. Steve Line from Columbus Physical Therapy provided information on Physical Therapy in ALS.

Hutchinson

The Hutchinson support group met on February 2nd with 10 people in attendance. The film "ALS From A Patient's Perspective" was viewed and it sparked a lively discussion. One of the patients remarked that he would like to see the film at least 3 times a year to remind everyone of the positive problem solving approach.

Wichita

The Wichita support group was held February 3rd with 17 in attendance. The youngest member of the group was only 2 weeks old. The granddaughter of one of the patients brought her new little son to give Grandpa moral support. We had a demonstration by Richard Baer of the "Trixie Lift." He explained how easy it was to transport the lift and how successful he was in handling it on a cruise he and his wife took a few months ago. It has many features that other lifts lack and portability is a huge one. The group then viewed the video, "ALS From A Patient's Perspective" and patients shared their experiences with each other.

Kansas City

Twenty four were in attendance at the February 2nd Kansas City support group meeting. Cathy Pendleton, Director of Adult Programs, from Turning Point, spoke on relieving and managing stress. Valentine refreshments were provided. The program for the March meeting will be the research video from the recent symposium by Dr. Carlayne Jackson.

Springfield

Paul Blackwell, the Patient Services Coordinator in Western Missouri, led the February 8th meeting. Eight people attended the support group. They learned about SIP-TIP, a one-valved straw, and discussed the Missouri Rx Program.

Jefferson City

The Jefferson City support group met February 1st at 1:30 pm. There were three patients and their spouses present. The group decided they would like to meet every other month on the 1st Wednesday at 1:30 pm. Meetings will take place the even numbered months, the next meeting will be Wednesday, April 6th at 1:30 pm at the Southridge Baptist Church, 1815 Vieth Drive, Jefferson City, Missouri.

In Memoriam

We send our sympathy & support to the families & friends of those who have recently died after battling ALS.

<i>Karen Basham</i>	<i>Gertrude Cundiff</i>	<i>Nancy Simpson</i>
<i>Doyle Black</i>	<i>Ronald Edmondson</i>	<i>Patricia Smith</i>
<i>John Calver</i>	<i>Tara Kabre</i>	<i>Fannie Stephens</i>
	<i>Karen Keefer</i>	

Memorials

Thanks to the families of the following for designating our Chapter for donations:

<i>Karen Basham</i>	<i>Tara Kabre</i>
<i>Gertrude Cundiff</i>	<i>Karen Keefer</i>

FOR SALE**HOMES**

For Sale By Owner - 2709 NE 78th St. Custom built wheelchair accessible home in upper class neighborhood. 5-BR, 3-Gar, 1 1/2 story on treed lot. Separate living area in finished basement for caregiver, etc. w/office. No-Step entrances oversized "roll-in" shower; whirlpool tub w/Hoyer lift, hardwood & ceramic tile floors. \$369,000. Call 816-436-3141.

Fully accessible to accommodate manual or electronic wheelchairs: 2 ramps (garage and outdoors), wheelchair accessible shower, oversize doors and central hall, remote control bedroom drapes. Located in Amarado Estates in Wichita, Kansas. \$159,900. Call Beverly Giles at (316) 554-2846 or (316) 393-5737.

VANS

1982 Dodge Van, manual transmission with Ricon wheelchair lift, side mount, s-series. Runs well. \$2000. Call Lonnie @ 620-662-1373 or 620-727-4726 or email midgee@swbell.net.

1992 Chrysler Van with wheelchair ramp, activated door, new battery. Clean, 35,000 miles, \$5,000. Call 913-362-3000 Saturday or Sunday, 10am to 4:30pm.

1994 Ford Econoline Discovery Conversion Van with split floor Ricon lift, Reese trailer hitch. 118,000 miles, 2 new tires, power windows, locks, steering, AC/heater, cruise, manual wheelchair tie downs. Can email pictures. Call 712-735-4402 or email kltk@iowatelecom.net.

1997 Dodge Ram Van Mark III with Ricon wheelchair lift, raised roof, wheelchair easy lock. 22,000 miles and fully loaded. Call Bob @ 913-825-4714.

1998 VW Van with Braun lift. 88,000 miles. \$6,500. Call 913-631-5959.

1998 Chrysler Town & Country LXI. 8,100 miles, ENTERVAN ramp package, turn & transfer driver seat. Like new, must see. Asking \$30,000. Digital pictures available. Call Pam or Jim @ 913-631-5959.

2002 Dodge Grand Caravan Sport Rampvan with IMS slim fold out ramp system, rear axle kneeling system, lowered floors, driver side wheelchair lockdown and hand controls. All warranties current, like new, 15,000 miles. Power wheelchair available with van. Paid \$38,000; any reasonable offer considered. Call Kyle @ 402-651-5733.

2002 Dodge Grand Caravan Sport with VMI undercarriage ramp system, rear axle kneeling system, lowered floors, passenger wheelchair lockdown. All warranties current, like new, driven less than 7,500 miles. Paid \$43,000; any reasonable offer considered. Call 816-537-4422 and leave a message.

WHEELCHAIRS

Leisure Lift Power Wheel Chair like new. Call Marvette Netherland at (913) 287-5645.

Jazzy Red Electric Wheelchair Model 1300 with headrest, joystick, tilt, recline, elevating leg rests, gel seat cushion. Call Betty @ 308-324-4744.

Reclining Quickie Wheelchair with headrest, elevating leg rests, removable arm rests, gel cushioned seat. Call Angela @ 620-763-2621 or email angela@ckt.net.

Jazzy Red Electric Wheelchair Model 1122 joystick controlled with tilt, recline, elevating leg rests, removable arm rests, 20" chair, deep contour 20" x 20" cushion. Asking \$5000. Call Phyllis @ 308.582.4626 or email bpchrist@nebnet.net.

Jazzy Red Electric Wheelchair Model 1143 20" chair, custom personal back - tall, 18 x 17 Jay 2 deep contour leg cushions, removable arm rest, elevating leg rests, adjustable foot plates. Used sparingly for 6 months. Paid \$8,000, asking \$4,000. Call Shirlee @ 402-393-5680.

Invacare R2 Mid-wheel Drive Power Wheelchair 20" seat width, pressure relief seat cushion. Very tight turning radius. \$3,000 includes delivery in KC area. Call 913-631-5959.

Pride Jet 7 Motorized Wheelchair never used. 16.5" turning radius. Call 913-287-7751 or 816-507-3728.

Pride Jazzy Electric Wheelchair with 2 batteries and charger on board. Good condition. \$1,000. Call 816-318-8667 and leave a message.

Model 9000 Action Power Electric Wheelchair complete with two batteries and charger. Includes Owner's Operation and Maintenance Manual. Call 816-246-7761 or 816-564-4841.

COMPANION SEAT BASE

Braun companion seat base for Chrysler, Dodge or Plymouth minivan. Passenger seat mounts on it, then seat swivels, extends and lifts without cutting vehicle. Call Sue @ 816-353-7892.

INDOOR ELEVATOR

Ram Thrust-T-Lift vertical wheelchair lift, height 142", maximum travel of 120". TTL control wall extension, solid end wall, keyed upper gate 42", adjacent access, carriage gate with interlock 54". Paid \$7,000; any reasonable offer considered. Call Diana at 913-909-3777.

CHAIR GLIDES

Two chair glides for sale. Each can be adapted to fit stairs from 6-12 steps. Good condition. Local company that can install. Call Cheryl @ 816-392-8597.

CHAIR LIFTS

Electric chair lift. Call Marvette Netherland at (913) 287-5645.

SCOOTERS

Like new, used less than 50 hours. Paid \$2,400; best offer over \$1,200. Call 913-642-5814.

EMAIL ADDRESSES AND PHONE EXTENSIONS TO BETTER SERVE YOU:**Directors**

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Contact Suzanne @ 913-648-2062, ext. 209 or sfrye@alsa-midwest.org if your item has been sold, should be removed or if you would like to place a new ad.



**Happy
St. Patrick's
Day!**

Chapter Website
www.alsa-midwest.org
National Website
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THE DIALOG

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March Support Group Dates

1	KC Night	7:00 p.m.
2	Hutchinson	2:00 p.m.
3	Wichita	7:00 p.m.
8	Springfield	6:30 p.m.
10	Omaha	7:00 p.m.
11	KC Caregivers	12:30 p.m.
16	KC Day	2:00 p.m.
17	Salina	7:00 p.m.
18	Wichita Caregivers	11:00 a.m.
28	Topeka	3:00 p.m.
28	Columbus **	4:00 p.m.

** New location for Columbus Support Group -
please see address to the right.

Support Group Locations

KC Night SG
2nd Presbyterian Church
55th & Oak

KC Day SG
Turning Point
8900 State Line, Ste. 240

KC Caregivers SG
ALS Office - Must RSVP
8340 Mission Rd., Ste. B-4

Wichita, KS Caregivers SG
ALS Office, 526 S. Market Street

Wichita, KS SG
Grace Presbyterian Church
5002 East Douglas

Hutchinson, KS SG
Grace Episcopal Church
20th & Main

Topeka, KS SG
Topeka & Shawnee County
Public Library
1515 SW 10th Avenue

Salina, KS SG
Home of Nancy Persinger
409 Kirwin
785.825.1833

Omaha, NE SG
St. Pius X Parish Center
6905 Blondo Street

Columbus, NE SG **
Trinity Lutheran Church
2200 25th Street, Fireside Room

Springfield, MO SG
Cox Medical Center South
3801 South National Ave.

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